

The four day training sessions will be highly intensive, and is geared towards the serious and competitive player. All aspects of the game will be covered (base running and conditioning, hitting and position based fielding, situational/live hitting and PFP's). The workouts will also include some class time and video time with some of our pros.

ProSwing's WINTER CLINIC LINEUP



Team: <i>ProSwing Pros</i>		
Coach: <i>Sam Colon</i>		
Scorekeeper:		
No.	Starters / Lineup	Pos.
1	<i>Ian Church</i>	<i>CF</i>
2	<i>Jason Katz</i>	<i>3B</i>
3	<i>Victor Diaz</i>	<i>LF</i>
4	<i>Luis Lopez</i>	<i>1B</i>
5	<i>Alex Pena</i>	<i>RF</i>
6	<i>Frank Rodriguez</i>	<i>SS</i>
7	<i>Dan Gray</i>	<i>C</i>
8	<i>Richie Benes</i>	<i>2B</i>
9	<i>Pete Munro</i>	<i>SP</i>
10	<i>Jusef Frias</i>	<i>RP</i>

Ages: 13 - 18

Dates: December 26th - 29th (Mon-Thurs)

Times: 12:00 - 3:00p.m.

Player Name: _____ **DOB:** ____/____/____

Age: _____ **Address:** _____

City: _____ **Zip:** _____

Email: _____ **Home Phone** _____

Work Phone: _____

Fee - \$250

Payment: CC# _____ **Check#** _____

Expiration Date ____/____

Make Checks Payable to "ProSwing"

Fax this form to 914-937-2304

www.proswingbaseball.com